



WHEREAS, good nutrition is essential for growth, development, health and well-being; and,

WHEREAS, nutritional factors play a large role in the incidence of preventable illnesses and premature death. Many of these diseases are associated with weight and obesity; and,

WHEREAS, the number of individuals who are overweight and who struggle with food insecurities are growing in the state of Illinois; and,

WHEREAS, 64 percent of Illinois adults are overweight or obese; and,

WHEREAS, 77 percent of Illinoisans do not eat the recommended amounts of fruits and vegetables and over 23 percent are not regularly physically active; and,

WHEREAS, educating Illinoisans about health and nutrition is an important part of establishing healthy habits; and,

WHEREAS, it is important for the people in Illinois communities to be aware of the existence of community nutrition programs; and,

WHEREAS, community nutrition programs are important to the health and wellness of all they serve; and,

WHEREAS, the Robin A. Orr Community Partnership Award was created in 2010 to recognize a lifetime commitment to outstanding service for persons seeking to improve their nutrition and lifestyle; and,

WHEREAS, this award recognizes organizations who make a healthy difference in the lives of underserved persons that they serve by engaging in health promotion and by increasing access to food, conducting health promotion activities or preventing diet-related diseases; and,

WHEREAS, March is a time of national recognition and awareness related to improving nutrition habits and knowledge; and,

WHEREAS, the Illinois Department of Human Services and the Illinois Interagency Nutrition Council are joining nutrition professionals in Illinois and throughout the United States to promote food security, good nutrition, physical activity and health during the month of March:

THEREFORE, I, Pat Quinn, Governor of the State of Illinois, do hereby proclaim March 2011 as **NUTRITION MONTH** in Illinois, and encourage all citizens to take an interest in their nutrition and the nutrition of others in the hope of achieving optimum health for both today and tomorrow.

In Witness Whereof, I have hereunto set my hand and caused the Great Seal of the State of Illinois to be affixed.

Done at the Capitol, in the City of Springfield,
this EIGHTEENTH *day of* FEBRUARY, *in*
the Year of Our Lord two thousand and
ELEVEN, *and of the State of Illinois*
the one hundred and NINETY-THIRD



Ossee White
SECRETARY OF STATE

Pat Quinn
GOVERNOR